

Thursday May 4 at 10:00 am

2nd Annual Mental Health Awareness Walk

GET LOUD for Mental Health and WEAR your GREEN.

The MHCBS Student Wellness Project along with staff and students from Florence MacDougall Community School, High Level Public School, High Level Learning Store and Spirit of the North Community School are holding their 2nd Annual Mental Health Awareness Walk.

To join the walk connect with us at the **Arena parking lot** at 10:00 am

We will be handing out **Green** ribbons and smiles.

Each school will begin walking at 10:00 am, will pass by the Arena, proceed along Chinchaga Drive to Rainbow Boulevard and back to the schools.



GET LOUD to maintain positive mental health.

The louder we all get, the bigger difference we will make.

